

Calne's Big Get Together

Where: Calne Town Hall & Marquee
by The Wharf, SN11 0EN.

When: Saturday 14 September 2024

Time: 10:00am - 3:00pm

FREE ENTRY

Over 30 local clubs and organisations will showcase activities to improve health and well-being.

Activities • Taster sessions • Refreshments

Jazz duo - Dan and Paul will perform 2:00pm - 3:00pm
kindly supported by Celebrating Age Wiltshire.

Please see reverse for full programme



Calne
Town
Council



Calne Health
and Social
Care Forum

Wiltshire Council



The event will be opened at 10:00am by local Paralympian Suzanna Hext
Suzanna will be representing Paralympics GB in the swimming squad at the Paris Paralympic Games

10:00am - 2:00pm Calne Town Hall

Pop up café • Cycling/rowing challenge • FREE craft activity for all ages • Local volunteering opportunities • Meet clubs and groups • Health checks • FREE hot drink

Chat with advice organisations Age UK • Carers Together • Rethink Mental Illness • Dorothy House • Bobby Van • Wiltshire Family hub and many more...

10:15am - 3:00pm Marquee by The Wharf

10:15am - 12:00pm Defibrillator demo and training - Learn the essential skills

10:15am - 1:45pm Men's Shed - Make bird boxes and small wooden aeroplanes

2:00pm - 3:00pm Live Jazz concert - With Jazz duo Dan and Paul

JOIN A TASTER SESSION

NO BOOKING REQUIRED

ALL AGES AND ABILITIES WELCOME

10:15am Taekwondo - A showcase of skills, moves and techniques

11:00am Ladies and Junior Kickboxing - Improve fitness whilst having fun

11:45am Walking Netball - Meet the local team and have a go

12:15pm Zumba Toning - Body sculpting exercises and high energy cardio with Latin moves

1:00pm Yoga - Relax and tone using deep stretch and yoga based postures

FREE bus travel on the 40A & 40C service and extended FREE parking at Church Street car park

Smart activity tracker watches and blood pressure monitors now available to borrow from Calne Library Call 01249 706625

